



Name: _____ Date: _____

Category	Change Desired	Personal Quality or Characteristic
Social & Relational		
Family		
Spiritual & Philosophical		
Temperament & Personality		
Personal Habits		

Continued on the next page...

...Her Personal Characteristics continued from previous page

Category	Change Desired	Personal Quality or Characteristic
Interests & Passions		
Intellectual, Vocational & Financial		
Physical Characteristics		
Health & Fitness		
Contributions & Service		
Other Areas		